Programs and Services At-A-Glance

Applewood Centers is a private, non-profit agency providing behavioral health, social services and educational services for children and youth from birth to age 21 and their families. Services are provided from the agency’s offices, residential center, clients’ homes and through The Gerson School, public/private schools and other locations throughout the community.

Behavioral Health | Counseling and Community Services

**Outpatient Counseling** For children up to age 21 who have mental health issues or are engaged in substance abuse. Provided by licensed social workers, counselors, psychologists and psychiatrists. Includes individual, family and group therapy.

**School Based Counseling** Year-round individual counseling, assessment and case management services. Prevention groups for students; classroom observation and consultation with teachers, parents and other school personnel; and educational presentations for teachers, students and parents.

**After School Group Counseling** Group therapy for children ages 6 to 13 who require intensive behavioral health intervention, but are able to live at home or within the community.

**Intensive Home Based Treatment** Involves assessment, counseling and CPST services delivered multiple times per week to youth (and their families) who have severe emotional disturbance, may be at risk of out-of-home placement and need an intensive level of mental health treatment to be stable and safe. Services are provided primarily in client homes and other community settings.

**Community Psychiatric Supportive Treatment** (CPST) A number of teams provide wraparound services for children and youth with emotional and behavioral disturbance who have been witnesses of violence, are reuniting with their families and/or are in conflict with their parents.

**Trauma Focused Cognitive Behavioral Therapy** An evidenced-based intervention designed to help children who have experienced very difficult or frightening events that impact their ability to function successfully. Involves a combination of psycho-education, skill building and therapy, and may be provided within the context of outpatient or home-based services.

**Multisystemic Therapy®** Therapeutic and case management services for youth with serious behavioral problems and who are at risk of becoming involved with the juvenile justice system, as well as for youth exhibiting problematic sexual behavior.

**Kazdin's Parent Management Training** An evidenced-based set of interventions that involve teaching and coaching parents to modify children’s problem behaviors using proven methods. Provided to families in homes or in the office.

**Early Childhood Mental Health** For children birth to age 6 who are experiencing social, emotional or behavioral difficulties. Provides solutions to parent-child relationship difficulties.

**Special Needs Child Care Consultation** Special training for child care providers, parents and home-based caregivers in Cuyahoga County who work with children with special needs. Helps to decrease suspension or expulsion from day care.

**Psychiatry Services** Psychiatric evaluations, medication management and collaboration with primary care physicians regarding psychiatric medications.

Additional Community Services

**Cuyahoga County Tapestry System of Care** Through the Care Coordination Partnership, Applewood provides outpatient services for children by facilitating child/family team meetings to develop a plan that identifies goals and resources needed to support the child and family in the community.

**Bilingual Services** Applewood Centers has psychiatrists, psychologists, therapists, and other professionals who are fluent in Spanish.
How to Reach Applewood Centers

**Foster Care and Adoption**

Homes are needed to care for sibling groups, teens and children with behavioral and mental health needs. Parents are provided with on-going training and support, and a social worker is available to families 24 hours a day, 7 days a week.

**Alternative Day School**

The Gerson School  A coeducational alternative day school for students in grades 6 through 12 who benefit from a personal and therapeutic environment that affects positive growth according to individual need and ability. Approved by the Ohio Department of Education, the school serves a variety of students including those with emotional or behavioral difficulties, who have been bullied or have poor social skills/peer relationships.

**Professional Internships**

Psychiatry Predoctoral Internship Focus is Clinical Child and Adolescent Psychology. The internship includes a program for Psychiatry Residents from Case Western Reserve University/University Hospitals of Cleveland. The Predoctoral Internship Program is accredited by the American Psychological Association for those seeking a doctoral degree in psychology.

How to Reach Applewood Centers

**GENERAL INFORMATION**

Cuyahoga County  216-696-5800  |  Lorain County  440-324-1300  |  www.applewoodcenters.org

**RESIDENTIAL TREATMENT - INTAKE**

*Phone*  216-741-2241 ext. 1011 or 1721  
*Fax*  216-741-2632  
*Email* referrals@applewoodcenters.org

**PSYCHIATRY SERVICES**  216-696-6983
**BECOME A FOSTER PARENT**  216-696-6815
**BILINGUAL SERVICES**  216-741-2241
**THE GERSON SCHOOL**  216-694-7200

**Ways to Give**

Applewood Centers relies on private contributions to run our programming along with corporate donations, government funding, and grants from foundations. Call 216-932-2800 to talk with our development team about various ways to make personal gifts.

**Office Locations**

**CHILDREN’S AID SOCIETY CAMPUS**

The Gerson School  
Counseling  |  Foster Care  |  Afters School Groups  
10427 Detroit Avenue  
Cleveland, OH  44102-1645  
216-521-6511  /  fax 216-521-6006

**JONES CAMPUS**

Residential  |  Psychiatry  |  Counseling  
3518 West 25th Street  
Cleveland, OH  44109-1995  
216-741-2241  /  fax 216-459-9821

**LORAIN COUNTY OFFICE**

Midway Plaza Building  
347 Midway Boulevard, Suite 306  
Elyria, OH  44035  
440-324-1300  /  fax 440-324-0070

Licensed and certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS); licensed by the Ohio Department of Job and Family Services and the Ohio Department of Education. Accredited by The Joint Commission and the American Psychological Association.

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