After School Group Counseling

Applewood Center’s After School Group Counseling program provides intensive group counseling for children ages 6 to 13 who have severe emotional and behavioral difficulties, which could include:

- Extreme fears
- Anger
- Mood disturbance
- Depression
- Impulse
- Aggressive behaviors
- Trauma
- Multiple losses
- Relationship difficulties with peers and adults

How the Program Works

Each day consists of a variety of activities and challenges centered around a therapeutic theme. Led by therapists and counselors, the group process provides children with opportunities to share their thoughts and feelings, and to learn skills that will enable them to be more successful. Through peer support, the program assists children with skill development in the following areas:

- Anger management
- Building positive relationships with others
- Identification and appropriate expression of feelings
- Impulse control
- Problem solving and coping
- Conflict resolution
- Setting and achieving personal goals

Prior to the start of the group session children receive a bag lunch. Snack is served during group as well.

Program Times

All programs are held at Applewood’s Children’s Aid Society Campus on Detroit Avenue. Children may attend daily or on any combination of days based on needs identified on an individualized service plan.

During the School Year Groups are held after school from 4:30 p.m. to 6:30 p.m. Monday through Friday, with the exception of winter and spring breaks, the observation of holidays, and planned breaks. Transportation is available and coordinated on an individual basis.

Winter and Spring Breaks Group sessions are held during the school day on select days of the week, and daily for eight weeks during the summer.

Summer Program Groups during the summer are held from 9:30 a.m. to 3:00 p.m. The transition dates from the After School Group program to the Summer Programming varies based on local school calendars. Transportation, breakfast, and lunch are provided.
Additional Treatment
If needed, children who are participating in the After School Group Counseling program and their caregiver(s) may be linked with other services at Applewood Centers, including:

- Community Psychiatric Supportive Treatment
- Intensive Home Based Treatment
- Individual Therapy and Parent Guidance Services
- Structured Summer Program with Recreation Component
- Psychiatric Evaluation and Medication Management
- Psychological Testing

Cost
Currently, Medicaid covers the cost of participation in the After School Group Counseling program. Eligible participants must have Medicaid coverage.

How to Make a Referral
To make a referral or obtain additional information about how After School Group Counseling services might be beneficial for a student you know, please call us at the numbers below. Our professionals will talk with you confidentially about your concerns and determine if this program would be a good fit.

Contact: 216-521-6511

Office Locations

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<tr>
<th>JONES CAMPUS</th>
<th>CHILDREN’S AID SOCIETY CAMPUS</th>
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| 3518 West 25th Street  
Cleveland, OH 44109-1995  
216-741-2241 / fax 216-459-9821 | 10427 Detroit Avenue  
Cleveland, OH 44102-1645  
216-521-6511 / fax 216-521-6006 |

About Applewood Centers
Applewood Centers is a private, non-profit agency providing behavioral health services to children and youth from birth to age 21, and their families. Services are provided from our offices, at clients’ schools, and in your home.

At Applewood Centers we are dedicated to helping youth and their families address a variety of behavioral, emotional, and learning problems. We provide a continuum of care from outpatient counseling and psychiatry services to residential treatment.

Our community-based services include foster care, adoption, and The Gerson School, which is a co-educational alternative day school for students who have not been successful in standard educational settings.

How to Reach Applewood Centers

GENERAL INFORMATION
Cuyahoga County 216-696-5800  |  Lorain County 440-324-1300  |  www.applewoodcenters.org

RESIDENTIAL TREATMENT - INTAKE
Phone 216-741-2241 ext. 1011 or 1721  
Fax 216-741-2632  
Email referrals@applewoodcenters.org

PSYCHIATRY SERVICES 216-696-6983
BECOME A FOSTER PARENT 216-696-6815
BILINGUAL SERVICES 216-741-2241
THE GERSON SCHOOL 216-694-7200

HOPE GIVING FAMILY CARING