Therapeutic On-Campus Treatment

Applewood Centers provides residential treatment for youth ages 11 to 18 who have a variety of severe mental health needs or have demonstrated self-injurious, risk-taking, and aggressive behaviors. Through a multidisciplinary approach, we work with clients to address each of their individual complex needs — building upon his or her strengths towards recovery. Our team works with the youth on character development and self management while learning leadership development and positive peer culture. Applewood Centers has two programs — Apple Blossom for Girls and Orchard for Boys — that provide the following services:

- Comprehensive diagnostic assessment
- Crisis stabilization and intervention
- Discharge planning and case management that begins at admission
- Psychiatric consultation, evaluation and medication management
- Psychological testing
- Partial hospitalization
- Routine medical, dental and optical care
- Individual, family and group therapy
- Milieu therapy, which provides consistent routines, rules and activities
- Therapeutic recreation and garden program
- Expressive art therapies
- Specialized educational services

Along with the treatment provided in this program, residents have access to Applewood’s other behavioral health and social service programs including foster care and counseling services. These programs are often used to help transition clients back into the community.

Apple Blossom for Girls

This residential treatment program provides intensive, multi-faceted therapeutic services for girls who have severe emotional and behavioral difficulties. Latency-aged girls are accepted on a case-by-case basis.

These girls are unable to live safely in the community and often have experienced a mixture of acute and long-standing difficulties that have not responded adequately to previous treatment. Initial presenting problems may include developmental delays, aggressive and impulsive behaviors, symptoms of sexual abuse, disturbance of mood, extreme fears, severe relationship difficulties, risk of harm to self or others and school failure.

The Apple Blossom program specializes in the following treatment:

- Post-traumatic stress and reactive attachment disorders
- Chronic mood, thought, and/or behavior and/or substance abuse disorders
- Dialectical Behavior Therapy (DBT) to address mood instability, interpersonal effectiveness, frustration tolerance, and/or self-harmful behaviors
- Those who may have issues with the juvenile justice system

All treatment and interventions are focused on recovery. The structured living environment builds trusting relationships, encourages respect for self and others, promotes personal growth and responsibility and fosters hope for the future.
Orchard for Boys

Orchard for Boys provides gender specific programming for young men who have been largely unsuccessful in community-based efforts to help build appropriate coping and social skills. Orchard provides an inter-disciplinary team of energetic, creative and dynamic staff committed to the success and well-being of our clients. The clients in Orchard typically have a history of trauma, attachment issues, and behavioral/emotional outbursts. It is our goal to provide exciting and engaging programs to help the boys grow into successful and effective young men.

Orchard for Boys specializes in the following treatments/modalities to help our clients succeed in treatment and in life:

- Community service and outreach projects/programs
- A structured milieu program dedicated to building effective problem solving skills and positive peer leadership
- Programming to focus on gender specific pro-social skill development
- Evidence-based best practices to address “criminogenic” or antisocial behaviors and thinking
- Community re-entry and independent living programming

How to Make a Referral

To make a referral or obtain additional information about how our Residential Treatment programs might be beneficial for a youth you know, please call us at the following number. Our professionals will talk with you confidentially about your concerns and determine if this program would be a good fit.

Contact: 216-741-2241 ext. 1011 or 1721

Office Location

CHILDREN’S AID SOCIETY CAMPUS
10427 Detroit Avenue
Cleveland, OH 44102-1645
216-521-6511 / fax 216-521-6006

About Applewood Centers

Applewood Centers is a private, non-profit agency providing behavioral health services to children and youth from birth to age 21, and their families. Services are provided from our offices, at clients’ schools, and in your home.

At Applewood Centers we are dedicated to helping youth and their families address a variety of behavioral, emotional, and learning problems. We provide a continuum of care from outpatient counseling and psychiatry services to residential treatment.

Our community-based services include foster care, adoption, and The Gerson School, which is a co-educational alternative day school for students who have not been successful in standard educational settings.

How to Reach Applewood Centers

GENERAL INFORMATION
Cuyahoga County 216-696-5800 | Lorain County 440-324-1300 | www.applewoodcenters.org

RESIDENTIAL TREATMENT - INTAKE
Phone 216-741-2241 ext. 1011 or 1721
Fax 216-741-2632
Email referrals@applewoodcenters.org

PSYCHIATRY SERVICES 216-696-6983
BECOME A FOSTER PARENT 216-696-6815
BILINGUAL SERVICES 216-741-2241
THE GERSON SCHOOL 216-694-7200

Licensed and certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS); licensed by the Ohio Department of Job and Family Services and the Ohio Department of Education. Accredited by The Joint Commission and the American Psychological Association.

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HOPE GIVING FAMILY CARING