Community-based Treatment Programs

Applewood Centers is a private, non-profit child service agency that provides behavioral health services to children, youth and their families. Dedicated to addressing a variety of behavioral, emotional and learning problems, we provide a continuum of care in Cuyahoga and Lorain counties from outpatient counseling and psychiatry services to in-home and school-based counseling. Often times treatment includes siblings, parents and guardians, teachers and other significant people in the youth’s life. We have psychiatrists, psychologists, therapists and other professionals who are fluent in Spanish and able to provide bilingual counseling services.

Outpatient Counseling

For children up to age 21 who have mental health issues or exhibiting a variety of problematic behavioral issues including anger, sexual or physical abuse, bullying, risk-taking behaviors, social problems, family relations, and grief, trauma and loss. Our Alcohol and Drug Assessment and Treatment Services treats youth who have co-occurring mental health disorders with substance abuse. Outpatient services include individual, family and group therapy.

Psychiatry Services

Outpatient psychiatric support treatment is available for children and adolescents up to age 18 who are in need of medication to address mental health diagnoses. Services include psychiatric evaluation and medication management for a variety of disorders including development and learning issues, eating disorders, depression and bipolar disorder, schizophrenia, and ADHD. All of our outpatient psychiatrists are board certified by the American Board of Psychiatry.

In-Home Services

- **Community Psychiatric Supportive Treatment (CPST)** A number of teams provide wraparound services for children and youth with emotional and behavioral disturbance who have been witnesses of violence, are reunifying with their families and/or are in conflict with their parents.
- **Multisystemic Therapy® (MST®)** Therapeutic and case management services for youth with serious behavioral problems and who are at risk of becoming involved with the juvenile justice system, as well as for youth exhibiting problematic sexual behavior.
- **Intensive Home Based Treatment** Involves assessment, counseling and CPST services delivered multiple times per week to youth (and their families) who have severe emotional disturbance, may be at risk of out-of-home placement and need an intensive level of mental health treatment to be stable and safe. Services are provided primarily in client homes and other community settings.
- **Trauma Focused Cognitive Behavioral Therapy** An evidenced-based intervention designed to help children who have experienced very difficult or frightening events that impact their ability to function successfully. Involves a combination of psycho-education, skill building and therapy, and may be provided within the context of outpatient or home-based services.
- **Early Childhood Mental Health** For children birth to age 6 who are experiencing social, emotional or behavioral difficulties. Provides solutions to parent-child relationship difficulties.
- **Kazdin’s Parent Management Training** An evidenced-based set of interventions that involve teaching and coaching parents to modify children’s problem behaviors using proven methods. Provided to families in homes or in the office.
- **Special Needs Child Care Consultation** Special training for child care providers, parents and home-based caregivers in Cuyahoga County who work with children with special needs. Helps to decrease suspension or expulsion from day care.
School Based Counseling
We offer on-site counseling, assessment and case management services for students through grade 12 in school systems in Cuyahoga and Lorain counties including Cleveland Municipal School District, charter schools, and throughout the Maple Heights, Warrensville Heights, and Richmond Heights districts. Services include one or a combination of individual counseling, group counseling, and prevention groups.

After School Group Counseling
This program provides group therapy for children ages 6 to 13 who require intensive behavioral health intervention for severe emotional or behavioral difficulties. Therapeutic themes include a range of skill development including anger management, impulse control, problem solving and coping, conflict resolution, and building positive relationships.

How to Make a Referral
To make a referral or obtain additional information about any of our Community-based Treatment programs, please call us at the following numbers. Our professionals will talk with you confidentially about your concerns and determine if this program would be a good fit.

Cuyahoga County 216-521-6511  Lorain County 440-324-1300

About Applewood Centers
Applewood Centers is a private, non-profit agency providing behavioral health services to children and youth from birth to age 21, and their families. Services are provided from our offices, at clients’ schools, and in your home.

At Applewood Centers we are dedicated to helping youth and their families address a variety of behavioral, emotional, and learning problems. We provide a continuum of care from outpatient counseling and psychiatry services to residential treatment.

Our community-based services include foster care, adoption, and The Gerson School, which is a co-educational alternative day school for students who have not been successful in standard educational settings.

How to Reach Applewood Centers

GENERAL INFORMATION
Cuyahoga County 216-696-5800  Lorain County 440-324-1300  www.applewoodcenters.org

RESIDENTIAL TREATMENT - INTAKE
Phone 216-741-2241 ext. 1011 or 1721
Fax 216-741-2632
Email referrals@applewoodcenters.org

PSYCHIATRY SERVICES 216-696-6983
BECOME A FOSTER PARENT 216-696-6815
BILINGUAL SERVICES 216-741-2241
THE GERSON SCHOOL 216-694-7200

Licensed and certified by the Ohio Department of Mental Health and Addiction Services (OhioMHAS); licensed by the Ohio Department of Job and Family Services and the Ohio Department of Education. Accredited by The Joint Commission and the American Psychological Association.

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